

# PERFORMANCE REPORT

## Swimming Team

April - September 2019



*Enhancing the lives of people in Salford*

## Performance Report for the Swimming April– September 2019

### Key highlights include:

- Delivered Swim Safe to 14 School and over 230 pupils
- Delivered Swim Safe to over 550 children and young people
- New Pool Programmes delivered across the city
- 6 new Level 2 Swimming Teachers qualified
- There have been over 19,000 attendances at swimming lessons over this period
- More than 250 parents and children attended the new Disney Inspired Toy Story 4 sessions
- Over 1,000 visits have been recorded at Aqua Relax classes; for people living with a life long illness, Such as Dementia
- More than 40,000 attendances were recorded at Swim for All sessions
- 640 swimmers used Swim Tag at Worsley Leisure Centre
- The Active Lifestyles Team are now delivering Water Wellbeing session at Eccles and Swinton and Pendlebury Leisure Centre

## Swim Safe 2019

### Name: Dean Rorke

Dean was one of the older Swim Safe participants and took part alongside his younger brother (age 10). He chose to take part because his mum wanted him and his brother to learn about open water safety so that she can be assured that they are safer in lakes and beaches when they go away.

Before the session he highlighted that it is important to know how to swim properly in open waters as you can be a competent swimmer and still be swept away. There was an incident a couple of weeks before Swim Safe in which his brother got pulled by the waves. After the session, he further added that it is definitely important to learn about because if someone got stuck in open water then they would not know how to deal with cold water shock and would panic, causing more problems for themselves.

Dean learned a lot in the session but the thing he remembered most is how swimming is different in cold open water, i.e. hands under the water, big pulls. Understanding the different technique to normal front crawl is a very important message of Swim Safe as it saves energy and body heat.



### Name: Cade Hodkinson

Job role: Salford Youth Alliance volunteer

Cade joined the Swim Safe team at the Helly Hansen Water sports centre this year as a volunteer. Cade is involved in the Salford Youth Alliance Scheme which enables young people to volunteer at numerous organisations in the Salford area in order to give them work experience and future career opportunities.



Working alongside Salford Youth Alliance has allowed these young volunteers to “experience the working world, and to get out of the house and be active.”

Cade’s role at Swim Safe involved setting up equipment, sizing up wetsuits, handing out souvenirs and assisting other team members.

Cade feels that Swim Safe is important because even though he has not taken part in any swim sessions himself, he now knows what to do if he was in danger after falling into cold water. He believes that Swim Safe teaches a very important message that everyone should know.

**Customer Feedback:  
Kingsland’s School, Kirklees**

“Just to say thank you so much for the Swim Safe session, both children absolutely loved it. It was wonderful seeing them enjoying the session and learn how to keep themselves safe in open water. It was really good practising the skills on land prior to getting into the water. I was so pleased with how they handled their first time in open water, which is daunting in itself. When they got back to school, they were keen to show their peers what they'd been doing and were very proud of the photos of themselves in the wet suits! Please also pass on our thanks to Ian and Emily too.”



**Forthcoming events and activities:**

- Halloween Pool Parties at Worsley and Swinton Leisure Centre
- Big School Swim - November
- Learn to Swim Pool Parties and Galas - December
- Swim School Photography attending Worsley and Irlam

**For more information please see:**  
<http://www.salfordcommunityleisure.co.uk>