

PERFORMANCE REPORT

Swinton & Pendlebury Neighbourhood

October - March 2019



Enhancing the lives of people in Salford

Performance Report Swinton & Pendlebury Neighbourhood October – April 2019

Key highlights include:

- Swinton and Pendlebury Leisure Centre have had an excellent 6 months with memberships at an all-time high
- Over 90 fitness classes are delivered at the leisure centre each week
- Each week, over 700 children and young people learn to swim at the centre
- Spinning classes for parents have been introduced enabling parents to bring their babies and toddlers along to the classes, these sessions have seen an immediate uptake and have been received very positively by the centre users
- Internal and external painting has been carried out at the leisure centre, refreshing the public areas. Customer feedback has been very favourable with comments such as *“the area’s look very clean”*

Community Use High Schools

The community use sports facilities continue to be well used at both Moorside and Ambrose High School. The 3G football pitches run at near capacity and provide vital training venues for teams.

Clifton Country Park

Since opening in August 2018 the café has proved a positive asset to the park and feedback from users has been excellent. The café opens 5 days a week, serving a range of hot and cold drinks, ice creams, and hot food. The café is dog friendly and offers a range of dog biscuits and duck food for park users who attend to feed the ducks on the lake. Footfall at the park has increased with the Rangers reporting that they have not seen the park as busy since the café opened.

Physiotherapy for Children

Fitness sessions have been set up with physiotherapy staff from Salford NHS to support children who have injuries through sport and inactivity. The children are accompanied to the centre by the physiotherapists after school and are given healthy eating information and a free fitness plan. The children also take part in weekly fitness sessions with the physiotherapists and centre fitness instructors.

At the end of the programme the children are encouraged to continue using the centre independently and partake in the junior fitness sessions.

Case Study

A partially sighted member attends the centre 2 – 3 times per week making use of the fitness suite and class programme. She is accompanied by her guide dog Tansy who patiently waits behind the reception area for her. Without a place for her guide dog to sit and wait the lady would not be able to attend the centre and would not be able to get the physical and social benefits that she gets from attending.

Through working closely with Guide Dogs for the Blind, SCL have developed a policy that allows guide dogs to wait in the centre and be made as comfortable as possible whilst on site. This policy has proven very popular with blind and partially sighted users and has given them more freedom to exercise.

Customer Feedback:

“The swimming lessons for my children have been very positive, Helen and her team have helped so much and my children are far more confident in the water.”

“The Hit The Rig sessions are great, the instructors Kyle, Mike and Ian make you feel welcome and also make you work hard, I have recommended the classes to friends and family members”

“The personal programme that I got from my instructor has made a real difference to my workout, I now feel that I know what I am doing and I am seeing real progress with my training”

Forthcoming events and activities

- New play area to open at Clifton Country Park in April 2019

For more information please see:

<http://www.salfordcommunityleisure.co.uk>