Winton Park to Bridgewater Canal
Health walks route information

Start point:
Winton Park, Sutherland Street

Type of route:
Circular loop, predominately on tracks/off road, canal paths, flat route

Health walk pace:
Estimated duration one hour 10 minutes, shorter alternative route 45 minutes
On route

1. Start at Sutherland Street entrance to Winton Park.
2. Take track to the right of the park entrance.
3. Walk over footbridge over stream, turn right, with stream on your right.
4. Continue with the Cleaveley Athletics track on the left.
5. Walk under the motorway bridge.
6. Continue straight on across the playing fields, keeping to the right of the field, parallel to the stream.
7. Go through the gate, onto a track, with stream on your right.
8. Continue to join Grange Road, turn left.
9. Keep on the right hand side of Grange Road, and at the end go down the foot path to the motorway (motorway is on your left).
10. Continue along the footpath, through fields to Edenfield Lane.
11. Turn right onto Farm Lane and continue to Barton Road.
12. Cross Barton Road, join the Bridgewater Canal. Turn right along the canal towards Monton.
13. Continue along the canal to Monton, go under Parrin Lane Bridge, canal swings to the right.
14. At railway bridge, turn right down the track to meet Worsley Road.
15. Turn right cross Worsley Road. Turn right, then turn left into Sutherland Street.