

Leisure IN Salford

Salford City Council

NHS
Salford



5.

Winton Park to Bridgewater Canal

Health walks route information

Start point:

Winton Park, Sutherland Street

Type of route:

Circular loop, predominately on tracks/off road, canal paths, flat route

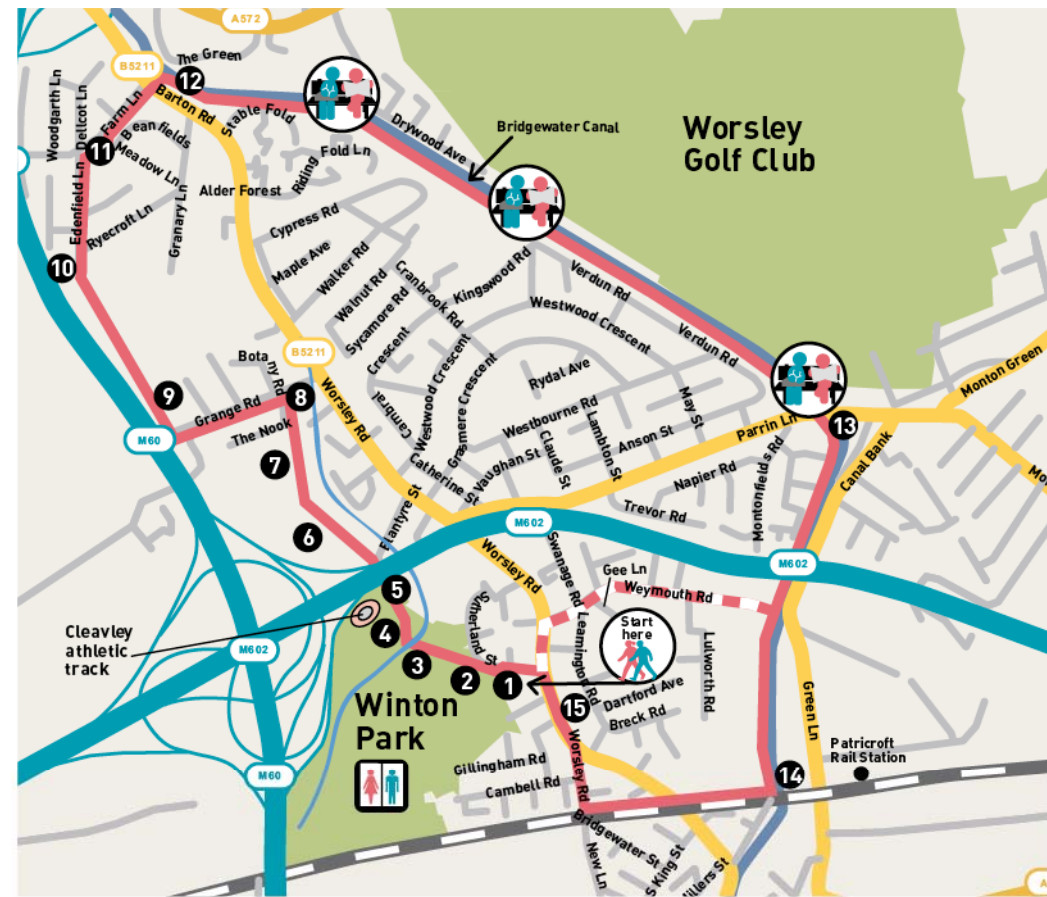
Health walk pace:

Estimated duration one hour 10 minutes, shorter alternative route 45 minutes



On route

- 1 Start at Sutherland Street entrance to Winton Park.
- 2 Take track to the right of the park entrance.
- 3 Walk over footbridge over stream, turn right, with stream on your right.
- 4 Continue with the Cleaveley Athletics track on the left.
- 5 Walk under the motorway bridge.
- 6 Continue straight on across the playing fields, keeping to the right of the field, parallel to the stream.
- 7 Go through the gate, onto a track, with stream on your right.
- 8 Continue to join Grange Road, turn left.
- 9 Keep on the right hand side of Grange Road, and at the end go down the foot path to the motorway (motorway is on your left).
- 10 Continue along the footpath, through fields to Edenfield Lane.
- 11 Turn right onto Farm Lane and continue to Barton Road.
- 12 Cross Barton Road, join the Bridgewater Canal. Turn right along the canal towards Monton.
- 13 Continue along the canal to Monton, go under Parrin Lane Bridge, canal swings to the right.
- 14 At railway bridge, turn right down the track to meet Worsley Road.
- 15 Turn right cross Worsley Road. Turn right, then turn left into Sutherland Street.



Map key:

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|-------------|--|---------------------|--|
| Route | | Greenspace | |
| Short route | | Starting point | |
| Motorway | | Toilets | |
| Roads | | Benches/rest points | |
| Railway | | | |
| A road | | | |
| B road | | | |
| Waterways | | | |