

# PERFORMANCE REPORT

## Swinton & Pendlebury Neighbourhood

April - September 2018



*Enhancing the lives of people in Salford*

## **Performance Report Swinton & Pendlebury Neighbourhood April – September 2018**

### **Key highlights include:**

- Successful programme of summer holiday activities delivered across the neighbourhood
- Memberships are at an all-time high at Swinton & Pendlebury Leisure Centre
- Over 90 fitness classes are delivered at the centre on a weekly basis
- 700 children learn to swim each week swimmers
- Aqua Relax sessions have started at the centre and have been very popular with mature users and users with limited mobility, Swim Co-ordinator Siobhan has worked tirelessly on the sessions across the city and has made contact with numerous groups who have not been into a swimming pool for many years
- Hit the Rig sessions in the fitness suite are exceeding expectations and are proving very popular with users, additional sessions are planned to meet customer demand
- Partnership work with Manchester United Foundation continues to deliver open access football sessions on Friday evenings, these sessions have seen anti-social behaviour in the local area decrease and feedback from residents and other agencies has been favourable
- Internal and external painting has been carried out at the centre
- The latest Les Mills class launch took place with over 100 users attending
- Successful Summer Reading Challenge delivered across Swinton and Clifton libraries

### **Spotlight – Physiotherapy Partnership**

Fitness sessions have been set up with physiotherapy staff from Salford NHS to support children who have injuries through sport and inactivity. The children are accompanied to the centre by the physiotherapists after school and are given a free fitness plan and healthy eating information. They also take part in weekly fitness sessions with the physiotherapists and centre fitness instructors. The pathway is for the children to progress into coming along to the centre on their own and for them to partake in the junior fitness sessions that take place at the centre on a weekly basis. Sessions have been running for 8 weeks and it is hoped that now the children are back in school, attendances will increase further. The physiotherapists are looking to increase these sessions at other leisure centres in the coming months.

### **Spotlight – Exercise Referral**

Escape Pain sessions have started at Swinton & Pendlebury Leisure Centre, funded through GM Active. The sessions are aimed at over 18's who have been referred through their GP or physiotherapist with hip & knee joint pain/arthritis. The sessions are running across Greater Manchester with Salford being one of the pilot's, each session is between 1hr and 90 minutes long and are delivered in 6/8 week blocks.

### Spotlight – Clifton Country Park

Clifton Country Park Café has opened in the visitors centre at the park. The café has been very well received and has exceeded all expectations in relation to visitor numbers and customer feedback. Weekends are proving really popular with families and walking groups making use of the facilities and the toilets. The café is open 5 days per week serving a range of hot & cold drinks, ice creams, and hot food. The café is also dog friendly and offers a range of dog biscuits and duck food for park visitors.

### Case Study – Leisure Centre User

A partially sighted member attends Swinton and Pendlebury Leisure Centre 2 - 3 times per week. She is accompanied by her guide dog Tansy who patiently waits behind the reception area while she works out. Without a place for her guide dog to sit and wait the lady would not be able to attend the centre and would not be able to get the physical and social benefits that she gets from attending.

### Spotlight – Libraries Live

Salford Libraries Live is an Arts Council England funded 2 year programme of innovative and diverse arts events and performances across 5 venues in Salford. The summer programme saw 18 events delivered for family audiences across the city engaging with 240 children in total. Swinton library hosted award winning illustrator and author Petre Horacek who brought the characters in his books to life for the event.

Swinton Library hosted 'The Adventures of Pom', a storytelling, theatre adventure for little ones using touch, sounds, scents and taste and a popular Lego Stop Frame animation session where children could plan, shoot and edit their own stop frame animation, bringing Lego characters to life.

### Spotlight – Digital You

Swinton and Clifton Libraries have been participating in 'Digital You', Salford's landmark digital inclusion project helping all residents gain the confidence and capability to become independent users of computers and the internet. A Digital You session takes place twice a month at Swinton Library and once a month at Clifton Library where customers can drop in for digital help.

### Customer Feedback:

*"Swimming lessons for my children have been very positive, Helen has helped so much"*

*"The Hit The Rig sessions are great, the instructors make you feel welcome and also make you work hard"*

*"The personal programme that I got from my instructor has made a real difference to my workout, I now feel that I know what I am doing"*

*"Thank you, my little boy enjoyed the Lego Animation session so much."*

### Forthcoming events and activities:

- Salford Schools Swimming Gala
- Swinton High School open evening which will showcase the Leisure Centre

- Painting of the Leisure Centre
- Library Lion performance at Swinton Library
- Digital You session at Clifton and Swinton library
- In Conversation with Mandasue Heller at Swinton Library
- The Great Gatsby Investigation: A Parody Tribute Murder Mystery at Swinton Library.

**For more information please see:**

<http://www.salfordcommunityleisure.co.uk>